

## **Semen Sample Collection for Assessment or Intrauterine Insemination**

1. Please call the office (706 945-0500) once you have decided on your collection date to set up your assessment appointment
2. Do not have sexual intercourse for 48 – 72 hrs (2 – 3 days) prior to collection of your sample.
3. The sample container is sterile and should not be opened until immediately prior to sample collection.
4. Prior to collection please write your name and the date and time of sample production on the container.
5. Urinate and then wash your hands and penis with soap. Rinse well.
6. Masturbate into the sample cup. Please do not use any lubricants during sample collection. It is important that none of the sample is lost. Your partner may assist you manually. Coitus interruptus (withdrawing the penis from the vagina at the time of ejaculation) or felacio (“blow job”) will significantly alter the test results and should not be used for sample collection.
7. Immediately replace the cap on the sample and place the sample in the brown paper bag.
8. The sample must be kept at close to body temperature (80° – 97° F) and delivered to the office for analysis within 45 minutes of production. Please call the office (706 845-0500) to inform us that you are bringing your sample in.
9. Feel free to call the office (706 845-0500) at any time with questions or concerns.
10. Assessments are not done Tuesdays or Friday afternoons (Dr. Bendell is in surgery at these times).